**Directions:** Have the child write down an example of how they have grown this year so far in each flower petal. If the child cannot write it, have them tell you and/or they can draw a picture. Once they have completed each flower petal, glue them onto the center circle “Look at how I’ve Grown.”

**I KNOW**

**I KNOW**

**LOOK AT HOW I HAVE GROWN!**

**I AM**

**I AM**

**I AM**

**I CAN**

**I CAN**